

INGREDIENTS

OSMANTHUS HONEY

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200g rice flour, 20g corn starch, 20g potato starch, 700ml water, 120g soft brown sugar, 1tbsp candied osmanthus, 3tbsp dried goji berries, 1tbsp oil

2tsp candied osmanthus, 3tbsp honey

Methods:

- Mix the water, sugar and goji berries in a bowl. Steam in Miele Steam Oven at 60°C for 30 minutes. Sift the rice flour, corn starch and potato starch into a large bowl. Stir in candied osmanthus, oil and the goji berry syrup. Mix into a lump-free pourable batter.
- Line a perforated steaming tray with microwave-safe plastic wrap. Brush a thin layer of oil on it. Pour just enough batter to cover the tray. Swirl to coat evenly. Steam at 100°C for 5 minutes until done.
- 3. Lift the steamed sheet noodle with a rubber spatula. Roll it up on a serving plate. Serve warm with the mixed osmanthus honey.

Cooking tips:

- You can make your own savoury or sweet rice rolls with the same steps. Feel free to
 experiment with other ingredients and seasoning.
- Miele DG 6010 Steam Oven boosts an extra-large capacity with multi steaming levels. You can simultaneously cook any taste of rice rolls on 4 levels without transfer of flavours.



材料

粘米粉200克, 粟粉20克, 澄麵20克, 清水700毫升, 原 蔗黑糖120克,桂花糖1湯匙,杞子3湯匙,食油1湯匙

桂花糖2茶匙,蜜糖3湯匙



- 1. 清水、原蔗黑糖及杞子放入碗中拌匀,放入Miele蒸爐以60度蒸30分 鐘待用。將粘米粉、粟粉及澄麵篩入大碗中拌勻,加入桂花糖、食油 及步驟一預備好的黑糖漿拌勻。
- 2. 取有孔不鏽鋼盤, 鋪上耐熱保鮮紙後掃上食油, 淋上適量粉漿後放入 Miele蒸爐以100°C蒸5分鐘。
- 3. 以膠刮刀將蒸熟的粉漿捲起即可與拌勻的桂花蜜醬一同享用。

烹調小貼士:

- 以同一方法只需加入不同餡料即可做出其他口味的腸粉,鹹甜皆宜。
- Miele DG 6010獨立式蒸爐容量特大及多層層架式設計,一次過可蒸熟 高達四層粉漿。

