

MENU 20170308

序号	菜单编号	一 开胃菜、小吃类 Appetizers		Price (RMB)	改为
1	6	云南特色鸡肉春卷	Yunnan chicken spring rolls	¥40	
2	1	云南当地茉莉花饼	Yunnan local jasmine flowers* cakes <茉莉花Jasmine flower>：云南当地的茉莉花根香，为著名的花茶原料及重要的香料原料；花、叶药用治目赤肿痛，并有止咳化痰之效。Jasmine flower is the important material for scented tea and essence. Flower and leaves of jasmine can cure sore red swollen eyes, cough and phlegm.	¥40	
3	7	傣族风味虾饼	Dai Tribe flavor shirmp cakes	¥68	
4	3	西双版纳风味鱼饼	Xishuangbanna flavor fish cakes	¥75	
5	5	放养鸡肉沙嗲	Free range chicken satay	¥60	
6	4	大理风味煎羊乳饼	Dali flavor fried goat milk cheese*cakes <羊乳饼Goat milk cheese>又叫奶豆腐，是山羊奶制品，含有丰富的脂肪蛋白，是营养丰富且味美鲜香的高微滋补品，是上等美味佳肴。 Goat milk cheese is also called milk tofu. It is a kind of dairy product, rich in lipoprotein. It is tonic food because of the nutrients.	¥58	
7	8	现烤云南玫瑰鲜花饼	Roasted Yunnan rose flowers cakes	¥40	
8	2	现烤石屏臭豆腐	Shiping Grilled Stinking Beancurd* <石屏臭豆腐Stinking Beancurd>：石屏豆腐制作最奇特之处在于使用石屏境内特有的天然井水(俗称“酸水”)作凝固剂，这种“酸水”并非云南无论何地何色何制平出豆腐，人们说石屏豆腐是常不定的石屏专利，石屏制作豆腐已有400多年的历史。The special part of the processing is to use the typical natural water (acid water) in Shiping as coagulating agent. It is always said that Shi Ping Tofu is the Shiping patent that can not be taken away. Tofu processing in Shiping has 400 years history.	¥68	
序号	菜单编号	二 沙拉、凉菜类 Salad and Cold dish		Price (RMB)	
9	10	西双版纳风味凉拌海鲜	Xishuangbanna flavor Seafood Salad	¥78	
10	12	傣家拌无骨凤爪	Dai Tribe De-boned chicken feet	¥50	
11	9	滇西凉拌云腿米线	West Yunnan cold rice noodles with ham* <宣威火腿Yunnan ham >：云南省著名汉族特产之一，因产于宣威县而得名，长期以来一直以营养丰富，肉质细腻，油而不腻，香味浓郁，咸香回甜著称于世，属珍贵礼品。宣威火腿历史悠久，享誉中外，属中国三大名腿之一。Xuanwei Ham is a famous specialty made by Han people in Yunnan. It is named after the production place—Xuanwei County. It is popular for its nutrients, tender meat, sweet favor. It has a long history, and is one of the three kinds of famous ham in China.	¥58	
12	14	大理豌豆粉	Da Li style bean jelly	¥40	
13	15	西双版纳鲜蔬手卷	Xishuangbanna fresh vegetable wraps	¥48	
14	17	凉拌七彩折耳根（七彩花生）	Colorful Herba Houttuyniae Salad（with peanut）	¥40	
15	13	滇西风味凉拌木瓜	West Yunnan flavor papaya salad	¥58	
16	11	火烧茄子拌豆腐	Folk Braised eggplant with tofu	¥45	
17	16	哈尼族椒麻鸡	Hani Tribe chicken salad with chili and sesame	¥60	
18	20	玉溪褚橙拌虾仁	Yu-xi shrimp salad with Chu Orange* <褚橙Chu orange>：褚橙是云南的特产冰糖橙的别称，形状为圆形至长圆形，颜色为橙黄色，因由昔日烟王红塔集团褚董事长褚时健种植而得名.Chu Orange is another name of navel orange in Yunnan, with a round or oval shape and orange-yellow color. It becomes popular because it is planted by Chu Shijian, King of Tobacco and pre-president of Hongta Group.	¥80	
19	19	景颇族柠檬鸡	JinBo Tribe style lemon chicken salad	¥68	
20	18	普洱鸡枞菌什锦菜*	Pu-erh range Ji-zong mushroom*with assorted vegetables <鸡枞菌Ji-zong mushroom>：四大名菌之一，在食用野生菌中为珍品，鸡枞菌肉厚肥硕，质细丝白，味道鲜甜香脆，含人体所必须的氨基酸、蛋白质、脂肪，还含有各种维生素和钙、磷、核黄酸等物质。Collybia albuminosa or Jizong mushroom is a treasure in edible mushroom. It has broad cap, fine texture and white color. It tastes fresh and sweet. And it contains amino acid, protein, fat, other vitamins etc. which are necessary for human body.	¥50	

序号	菜单编号	三 鸡肉, 鸭肉类 Poultry and Duck		Price (RMB)
21	23	傣族七里香炒鸡肉	Dai Tribe chicken with seven spices*	¥78
22	28	热带风味葱椒鸡	Tropical flavor chicken with chili and green onions	¥60
23	22	热带香茅草炒鸡	Tropical stir-fried chicken with lemongrass	¥60
24	25	泰国风味咖喱鸡	Thai style chicken curry	¥68
25	24	傣族碳烤鸡	Dai Tribe roasted chicken	¥78
26	26	马帮烤脆皮香鸡	Yunnan caravan crispy chicken	¥78
27	27	石屏野菌焗土鸡	Shi-ping baked chicken with wild mushrooms	¥78
28	21	鲜炖云南山地啤酒鸭	Stewed Yunnan mountain beer duck	¥88
序号	菜单编号	四 牛肉、猪肉与其它 Beef, Pork and Others		Price (RMB)
29	39	云南薄荷炒牛肉*	Yunnan style stir-fried beef with mint	¥78
30	43	芭蕉叶包烧牛肉	Roast beef in banana leaves	¥68
31	36	云聚手抓牛肉	House Specialty Hand grasp beef	¥98
32	34	花腰傣味炒牛肉	Huayao Dai-style sauteed beef	¥78
33	45	黄咖喱牛肉	Yellow Curry beef	¥78
34	37	佤族烤牛仔骨	Wa Tribe grilled ox ribs	¥108
35	44	九层塔炒牛肉	Stir-fried beef with basil	¥88
36	35	傣家生菜包牛肉卷	Dai Tribe beef rolled with lettuce	¥68
37	40	香格里拉风味炸牛干巴	Shangri-La style fried dry beef* <small><牛干巴Dry beef>-牛干巴是云、贵、川、渝等地常见的一种牛肉腌制食品。选取肥壮牛肉的后腿等部位的优质牛肉，辅以适量食盐、花椒等调料，采用揉搓、腌制、晾晒、风干、煎炸等工艺，加工制作而成。Dry beef is a popular pickled food in Yunnan, Guizhou, Sichuan, and Chongqing. First, choose some fine beef, and then mix with seasonings as salt and spices. The process includes rubbing, pickling, drying, frying etc.</small>	¥88
38	41	滇缅边境竹筒牛肉	Border steamed beef in bamboo tube Stir-fried beef with Thelephora ganbajun*	¥68
39	38	云南干巴菌炒牛肉	<干巴菌Thelephora ganbajun>: 干巴菌是云南省特有的珍稀野生食用菌，中国其他省份及国外都无法生长。它富含多种维生素、优质蛋白及其他有益于人体的成分，营养丰富，风味独特。野生菌是理想的健康保健食品。 Ganba mushroom is a rare edible mushroom in Yunnan. It only can be found in Yunnan. It is rich in vitamin, protein and other nutrients.	¥98
40	32	秘制炭烧排骨	BBQ Ribs with secret recipes	¥90
41	29	大理雕梅红烧肉	Dali style Carved Plum* pork in brown sugar <small>大理雕梅Dali Carved Plum>: 雕梅既是大理地区的一种美食，又是精心雕琢的手工艺品。洱源县素有“梅子之乡”的美誉，当地白族姑娘大都从小就学习制作雕梅，因此这项手艺往往成为衡量一个姑娘是否心灵手巧的标志</small>	¥88
42	33	云南小炒肉	Yunnan local special Stir-fried pork	¥58
43	31	傣族烤猪颈肉	Dai Tribe grilled neck of pork	¥70
44	31	宣威蒸香肠	Xuanwei flavor steamed sausages	¥50
45	42	丽江乡村烤羊排*	Lijiang rural grilled rack of lamb	¥136
序号	菜单编号	五. 海鲜和其他 Seafood and Others		Price (RMB)
46	51	傣族七里香炒鱼柳	Dai Tribe stir-fried Fish filet with seven spices	¥88
47	60	彝族风味炒鱼柳	Yi Tribe Style stir-fried fish filet	¥90
48	48	野生牛肝菌蒸鲈鱼	Steamed sea bass with wild Porcini	¥150
49	49	热带柠檬蒸桂鱼*	Tropical steamed mandarin fish with lemon	¥168
50	56	芒果烩银鳕鱼	Brasied codfish with Mango	¥290
51	55	云南松露焗银鳕鱼	Braised codfish with Yunnan truffle	¥330
52	57	云南松茸烩鲈鱼	Braised sea bass with Yunnan matsutake	¥98
53	53	哈尼风味多宝鱼	Hani Tribe style sweet and sour turbot	¥168
54	46	傣族烤罗非鱼	Dai Tribe Style grilled tilapia * <small><罗非鱼Tilapia>: 通常生活于淡水中，也能生活于不同盐份含量的咸水中，可以存活于在湖、河、池塘的淡水中，且对溶氧较少之水质有极强之适应性，常吃水中植物和碎物，甚至在水稻田里能够生长，味道鲜美！Tilapia normally lives in fresh water, but also in salt water. It can adapt according to the situation. It can also grow up in rice fields. It has a fresh and sweet flavor.</small>	¥78
55	48	云腿香辣蟹*	Spicy crab with Yunnan ham	¥268
56	47	咖喱黄焗蟹	Yellow curry crab	¥229
57	64	墨江风味炒虾	Mojiang flavor stir-fried prawns	¥98
58	50	香茅草烤大虾	Grilled prawns in lemon grass	¥120
59	52	苗族风味香辣虾仁	Miao tribe style spicy shrimp	¥78
60	61	热带芒果炒虾	Stir-fried prawns with tropical mango	¥120
61	63	彝族火把虾	Yi Tribe torches shrimps	¥120
62	59	傣味柠檬炒花蛤	Dai Tribe stir-fried clams with lemon	¥78
63	62	生态竹筒牛蛙*	Stir-fried Eco-bullfrog in bamboo	¥78
64	58	野生竹虫蜂蛹*	Deep-fried wild Bamboo Insect and Bee Pupae* <small><竹虫蜂蛹Bamboo Insect and Bee Pupae>-竹虫只在云南湿热的南部才有出产，优质的竹子才能诞生优质的竹虫，蜂蛹是苗族、傣族等民族特色菜，蜂蛹和竹虫一般都是用油煎，虽然这两样东西看起来面目“狰狞”，不过吃起来却外脆里嫩，香脆可口，是佐酒佳肴。蜂蛹和竹虫都是蛋白质含量极高的食品，热量比较高，比较适合秋冬季节食用。Bamboo insect only can live the hot and humid south part of Yunnan, and superior bamboos can produce excellent bamboo insect. Bee Pupae is the special cuisine for Wa Nationality and Dai Nationality etc. People always use edible oil to fry bamboo insect and bee pupae, and it tastes crispy and tender. It is an important cuisine when drinking. It is full of protein and high calories. It is best to eat in autumn and winter.</small>	¥138

序号	菜单编号	六. 蔬菜类 Vegetables		Price (RMB)
65	68	桑巴酱炒四季豆(虾酱)*	Stir-fried string beans with shrimp paste	¥48
66	71	云腿西兰花	Stir-fried broccoli with Yunnan ham	¥50
67	66	芦笋烩虾仁	Braised shrimps with asparagus	¥68
68	73	乡下芥蓝炒虾仁	Country style Stir-fried shrimps with Kale	¥58
69	69	桑巴酱炒空心菜*	Stir-fried water spinach with shrimp paste	¥48
70	67	云南老奶洋芋	Yunnan folk mashed potato	¥50
71	72	云南地道干扁土豆丝	Yunnan folk stir-fried dry shredded potato	¥45
72	65	清炒板蓝根*	Home style Stir-fried isatidis* <small><板蓝根Isatidis>: 是一种中药材, 两枚蓝根为爵床科植物马蓝 (Baphicacanthus cusia (Nees) Brem.) 的根茎及根, 性味苦寒, 具有清热解毒、凉血消肿、利咽之功。 Isatidis is a kind of Chinese herbal medicine. Called Baphicacanthus cusia (Nees) Brem, It tastes bitter, and it has good effect on heat-clearing, detoxification, detumescence and sore throat reliving.</small>	¥60
73	70	清炒野芥蓝	Sauteed wild Kale	¥60
序号	菜单编号	七. 蛋类和菌类 Eggs and Mushrooms		Price (RMB)
74	77	云南白参炒蛋	Yunnan scrambled eggs with white mushrooms* <small><白参White mushroom>: 是一种食用兼用的珍稀菌类, 菌体脆嫩, 味道清香, 鲜美爽口, 营养丰富。 White Ginseng is a rare edible and herbal mushroom. It has a brittle stem, fresh flavor, rich nutrients.</small>	¥78
75	80	云南松茸蒸蛋	Yunnan steamed eggs with matsutake	¥120
76	76	云南茉莉花炒蛋	Yunnan scrambled eggs with jasmine flowers	¥60
77	74	云腿炒牛肝菌	Stir-fried porcini*mushrooms with Yunnan ham <small><牛肝菌Porcini>: 该菌菌体较大, 味道鲜美, 肉肥厚, 柄粗壮, 食味香而可口, 营养丰富, 是一种世界性著名食用菌。 Porcini mushroom is a worldwide famous edible mushroom, which is delicious in taste and rich in nutrients. It has broad cap and thick stem.</small>	¥98
78	79	云南羌爆松茸	Yunnan sauteed matsutake with coriander and garlic	¥168
79	78	云腿烩松茸	Braised matsutake with Yunnan ham	¥120
80	79	云南包烧杂菌	Yunnan sauteed mixed mushrooms	¥98
序号	菜单编号	八. 炒饭和炒面 Fried rice and Fried noodles		Price (RMB)
81	82	云南大救驾(年糕火腿腌菜)	Yunnan rice cakes with ham and preserved vegetables	¥60
82	84	云腿蛋炒饭	Fried rice with Yunnan ham and egg	¥50
83	81	云腿牛肝菌炒饭*	Fried rice with Yunnan ham and porcini mushroom	¥78
84	86	傣家竹筒饭(根\人)	Dai Tribe style rice cooked in bamboo(piece per person)	¥40
85	85	墨江菠萝饭*	Mojiang Steamed rice with pineapple	¥68
86	83	傣族风味炒面	Dai Tribe style stir-fried noodles	¥60
序号	菜单编号	九. 汤类 Soup		Price (RMB)
87	87	云南三七汽锅鸡(大\小)*	Yunnan steamed chicken soup with 37* in clay pot (big/small) <small><三七Pseudo-Ginseng>: 为伞形目五加科人参属多年生草本植物, 根部入药, 具有显著的活血化淤、消肿定痛功效, 有“南国神草”之美誉。 Pseudo-Ginseng is a species of the ginseng and a kind of herbal medicine. Its roots can be treated as medicine, which promotes blood circulation, removes stasis, and eases the pain. It has a good reputation of Magic Herbal in South of China.</small>	180\130
88	90	西双版纳风味椰汁鱼汤	Xishuangbanna fish soup with coconut milk	¥68
89	89	大理洱海酸辣鱼汤	Dali Erhai lake hot and sour fish soup *	¥98
90	88	云南火腿山珍汤	Yunnan ham and delicacies soup	¥78
序号	菜单编号	十. 云南特色甜品 Yunnan Local Desserts		Price (RMB)
91	91	热带西米布丁	Tropical flavor pudding with sago	¥48
92	93	普洱茶煮汤圆	Stewed rice balls with Pu er tea*	¥68
93	92	腾冲千层糕	Tengchong layer rice cake	¥58
94	95	云南七彩冰淇淋	Yunnan Colorful ice cream(strawberry and vanilla)	¥60
95	94	热带什锦水果拼盘(大\小)	Tropical Assorted fruit platters (Big or small)	¥80 \ ¥60
序号	菜单编号	十一. 新进产品 NEW DISHES 20170310		Price (RMB)
96	96	藜麦鸡肉沙拉	Quinoa chicken salad	¥50
97	97	滇东风味香辣霸王肘	East Yunnan style Spicy Pork Elbow	¥98
98	98	麻香脆椒拌卤牛肉	Spiced beef with dried and crispy pepper	¥68
99	99	云豆炒牛肉粒	Stir-fried beef granules with Yunnan local potato	¥88
100	100	香茅炸海鲈鱼	Deep-fried Orange rock-fish with lemon grass	¥138
101	101	蛋里有黄金(煎蛋包鸡肉、干巴菌)	Spicy chicken with porcini in omelet wrapping	¥78
102	102	香格里拉松茸扇贝	Grilled scallop with Shangri-La matsutake	¥100
103	103	热带椰奶酥	Tropical flavor fried coconut milk cooky	¥50