參加者可乘搭港鐵東鐵綫於下列車站下車並轉乘巴士前往起點。詳情請向巴士公司查詢 (九巴熱線: 2745 4466)

於東鐵綫大圍站下車轉乘 72A 號巴士:		
出發地	下車處	
大圍鐵路站總站	大埔大喜街	
於東鐵綫大埔墟站下車轉乘 275R 號巴士:		
出發地	下車處	
大埔墟鐵路站總站	大埔海濱公園	

Participants can also take MTR East Rail Line to the following Stations to interchange for bus to go to the Start Point. For details, participants may contact the bus operators (KMB:2745 4466).

Bus Route No. 72A at MTR East Rail Line Tai Wai Station			
Start from	Get off at		
MTR Tai Wai Railway Station Bus Terminus	Dai Hei Street, Tai Po		
Bus Route No. 275R at MTR East Rail Line Tai Po Market Station (First Bus Departs at 0830)			
Start from	Get off at		
MTR Tai Po Market Railway Station	Tai Po Waterfront Park		